

# Advent Mindfulness..

## Be Watchful

***“No ear has ever heard, no eye ever seen, any God but you doing such deeds for those who wait for him. Would that you might meet us doing right, that we were mindful of you in our ways!” Isaiah 63***

Distractions abound in the busyness we call daily living. We are called this Advent season to leave the busyness of life and become more mindful of God’s presence in our daily living and in our preparations for Christ’s coming again as a child in the manger.

The above quote comes from the Old Testament reading for the First Sunday of Advent. When you come again God—find us mindful of your ways, doing right... .would that you find us doing right... .but... .in actuality we aren’t so mindful of God’s ways. We are often-times distracted by life and forget about loving as God loves; living God’s ways. The last line of this reading is beautiful. “Yet, O LORD, you are our father; we are the clay and you the potter: we are all the work of your hands.” In the midst of our distractions and forgetfulness of God’s presence, you love us, you form us into the people who long to see your face... ” Help us be watchful of your presence in how we love and care for others. Let us be watchful how we treat others, especially those who are hard to love.

This Advent season, let us take time to be mindful of God’s presence. Let us be present with one another and present with God as we gather for Mass each week and when we take time to be quiet in our daily prayer conversations and our Advent meditations. Let us take on an **Advent Mindfulness** to better prepare ourselves for the great celebration of Christ’s birth—God’s incarnation as a little babe, come to be our Savior.

### **ADVENT HAPPENINGS THIS WEEK**

Here are some ways to help you in your Advent Mindfulness

[www.dynamiccatholic.com/best-advent-ever](http://www.dynamiccatholic.com/best-advent-ever)  
<http://onlineministries.creighton.edu/CollaborativeMinistry/Advent/>

Handel’s Messiah presented by MAMCCO (Milw. Area Messiah  
Comm. Chorus/Orchestra).  
**December 3, Sunday at 3pm**  
Crossroads Presbyterian Church  
6031 W Chapel Hill Rd—Mequon, WI

