

Advent Mindfulness

Peacefully Waiting

“In the desert prepare the way of the Lord!....”

“Therefore, beloved, since you await these things, be eager to be found without spot or blemish before him, at peace....” Isaiah 40; 2 Peter 3

I can be a very impatient person sometimes. I don't like to wait for things or people. I can get agitated, nervous, anxious, worried. My waiting sometime is not very peaceful. I know I am not alone in these feelings. More and more we hear about people dealing with their anxiety issues. People complaining about how long they had to wait for their drive through food—it wasn't fast enough or hot enough. Our daily living has increasingly gotten faster and faster. Faster internet, faster deliveries, faster results. It seems like the art of waiting has gone out the window, has become obsolete.

Thank God for the time of Advent—a time for peacefully waiting. Each week the prophets, apostles and Gospel writers encourage us to slow down. They encourage us to take a different look at our lives. They call out to us to listen differently and prepare differently for Christ's coming again as a child and Christ's coming into our lives anew each day.

Isaiah calls us to prepare the way, level out those valleys of anxiety and despair and be at peace. Our shepherd is coming to tenderly take care of us and our every need. The writer of 2 Peter reminds us of God's patience and to be at peace. Yes, it seems the world is going up in flames all around us, but be at peace the Lord is always near (nearer than you think). John the Baptist calls us to bring our attention back to preparing our hearts and minds for Christ's coming.

This all takes time. It's take time to peacefully wait. Breathe, be mindful of God's presence in you and around you. Be at peace, the Lord is near.

A blessed Advent and peaceful waiting.



Music/Worship Opportunities In Advent

Here are some musical offerings this Advent Season for you to attend and help make your Advent a more prayerful time.

Sunday, December 10—5:15pm

Advent Lessons and Carols “Dear Savior, Haste!”

St. John the Evangelist Cathedral
812 North Jackson Street

December 15– 17

Handel’s Messiah

Milwaukee Symphony and Chorus
The Basilica of St. Josaphat
Milwaukee, WI

<https://www.mso.org/concerts/basilica-messiah>

Saturday, December 16 - 7:30pm

Sunday, December 17—3:00pm

Master Singers of Milwaukee—Welcome All Wonders!

St. Joseph Chapel
1501 Layton Blvd.
Milwaukee, WI

www.mastersingersofmilwaukee.org

Sunday, December 17—3:00pm

Concerts on Cramer
Christmas with the St. Mark’s Brass
SS. Peter and Paul Church
Milwaukee, WI