## UPLIFT Teen, UPLIFT Families, & Catechesis of the Good Shepherd Registration Open



UPLIFT Teens provides spiritual formation for all High School students from the Family of Five Parishes. Teens will encounter Jesus Christ and be in a peer community that supports a life of discipleship. Whether you are a Junior or Senior in High School preparing to receive the sacrament of Confirmation or an underclassman open to learning more about your Catholic faith, UPLIFT Teens is for you! We meet every other Tuesday from 6:30 – 8:30pm at St. Rita.

Scan the QR code to register or email Nino Rebholz, <a href="mailto:nrebholz@ffpmke.org">nrebholz@ffpmke.org</a>, with any questions!





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UPLIFT Families serves parents and their children 2<sup>nd</sup>-8<sup>th</sup> grade (including those preparing for First Reconciliation and First Communion) and Catechesis of the Good Shepherd (CGS) serves children K3-1<sup>st</sup> grade of the Family of Five Parishes.

UPLIFT Families forms hearts and minds as disciples of Jesus Christ through prayer, service, community-building, and participation in the Sacraments by empowering parents to live out their vocation as primary evangelists and teachers of the Catholic faith within their families.

CGS invites children, through a Montessori-based method, to partake in contemplation and enjoyment of God as they develop their relationship with Him through scripture and liturgy.

Sunday (English and Spanish) and Wednesday (English) options are available and are held at the Cathedral of St. John the Evangelist.

Scan the QR code to register your families or email Trevor Beach, <a href="mailto:tbeach@ffpmke.org">tbeach@ffpmke.org</a> with any questions!



